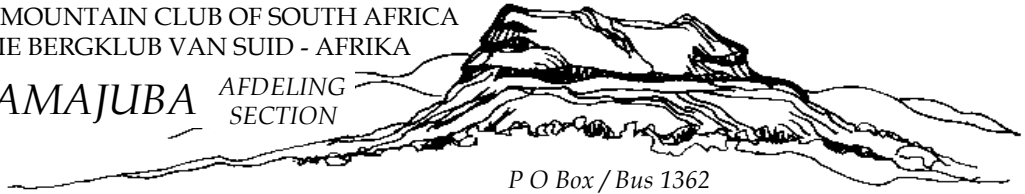


THE MOUNTAIN CLUB OF SOUTH AFRICA
DIE BERGKLUB VAN SUID - AFRIKA

AMAJUBA AFDELING
SECTION



P O Box / Bus 1362
Newcastle 2940
<http://ama.mcsa@mcsa.org.za>

Juba Jabber - Monthly

February 2010

News items

Lief en Leed

It seems as if it is going well with everybody as I have not received any news of illness or otherwise. And to everybody out there that might be sick that we do not know of, hope you get better soon. **Although on a sad note;** we take leave of Sonja Viljoen who is relocating to Scottburgh on the Kwa-Zulu South Coast. Sonja will be missed by all, may you have a happy stay in your new home with fond memories of Newcastle and its people.

Committee and Membership matters.

Your committee for the year 2009 is as follows:

Chairperson: Thea Groenewegen – 0343123703 / 083 378 7655.

Vice-Chairman: Johan de Villiers – 072 712 7022.

Treasurer: Ruan Adendorff – 082 577 7555.

Secretary: Ria Kotze – 082 682 8646.

Social Convener and Publicity: Debbie Behrens - 083 357 2636.

Climbing and Rescue: Paul Behrens – 0343151168 / 083 677 1080.

Juba Jabber & e-mail: Adriaan Dippenaar – 082 337 2970 / adriandip@telkomsa.net

Additional member: Len Stoop – 078 598 1643.

MEMBERSHIP FEES FOR 2010

Family membership is R250 per year

Single member R160 per year

Family pensioner R180 per year

Single pensioner R130 per year

Members can pay their fees via cheque, cash or electronic transfer. Our banking details are as follows:

Bank:	Nedbank
Account Holder:	MCSA Amajuba Section
Account Number:	1337163309
Branch Code:	133724
Reference:	Your initials and surname and Subs 2010

Accounts for 2010 membership will be sent out ASAP.

Recent outings by Amajuba Section Members.

STAP IN KROMRIVIER 27 – 28 JANUARIE 2010

Gedurende my besoek aan die Kaap het ek saam met Bergklub lede van die Kaap gaan stap by Kromrivier in Du Toits Kloof. Goed toegeruste hut behoort aan Paarl afdeling.

Ry tot ongeveer 2 km voor die hut - parkeer voertuie en stap met rugsakke tot by hut onder langs Kromrivier.

Ivor Jardine en sy vrou Cora is leier en onderleier, Joan Evens, Joan Wilkens, Michael en Doreen, John Williams, Klaus Minges, 'n Duitser en toergids in die Kaap, Wendy Sheen, Wendy Paisley, Joss en Carol Degent en ek. Ons was 13 stappers altesaam.

Na "lunch" klim ons Kromrivier piek, ook maar rock scrambling om op die piek te kom, 800m bo seevlak. Na die klim, swem ons in die helder koel swempoele. Ons het verby Nuwejaars berg gestap en die eerste rooi disa gesien Rooi disa's is volop en sorg vir pragtige skouspel. Almal smul aan hul tipiese "hike" kos.

Die loft is baie gewild met vensters wat uitkyk noord en suid en perspeks dak panele om volmaan en sterre mooi te sien. Sommige oorweeg om buite te slaap, maar 'n koue suide wind steek op en almal slaap binne.

Vroeg die volgende oggend is almal op en opgewonde oor die "summit" van Kromrivier Dome. Die wind waai en die mis waai hoog teen die berge, maar ons stap. Hoe hoër ons teen die berg uitklim, hoe meer onplesierig word dit. Bo aangekom het almal hul warm baadjies aan en musse op, ons lyk soos mense wat Everest Base Camp doen. Bo by die baken is 'n wit blikkie met boodskap en papier en potlood is. Ons laat ook ons boodskap op papier. Met die afdaal verbeter die weer. Loop deur maanlandskap met baie soorte disas en blomme en proteas. Ivor is 'n plant kundige, hoe interessant kan dit nog wees. Ons kry 'n skaapsteker slang, dik gevreet en half verkleum oor 'n bossie gedrapeer. Loop by hom verby, maar die laastes sien hom raak. Oppad terug eet ons en rus onder 'n groot rots en besoek 'n waterval en baie rooi disa's en varings. Wat 'n skouspel.

Al die seisoene op een dag. "Skinny-dip" nog vir oulaas.

Pak op en stap terug na die voertuie.

Van die stappers is mense met baie jare ervaring van stap, is al ± 50 jaar by Bergklub. Baie aangename mense, hulle stuur groete vir Amajuba afdeling. Kaapse groete.

Ria

On the Lighter Side:

Duties of Wives..

Three men were sitting together bragging about how they had given their new wives duties.

Terry had married a woman from Greece.

He bragged that he had told his wife she needed to do all the dishes and housework. He said that it took a couple days but on the third day he came home to a clean house and the dishes were all washed and put away.

Jimmie had married a woman from Italy.

He bragged that he had given his wife orders that she was to do all the cleaning, dishes, and the cooking. He told them that the first day he didn't see any results, but the next day it was better. By the third day, his house was clean, the dishes were done, and he had a huge dinner on the table.

The third man had married a South African girl.

He boasted that he told her that her duties were to keep the house cleaned, dishes washed, laundry and ironing twice a week, lawns mowed, windows cleaned and hot meals on the table for every meal.

He said the first day he didn't see anything, the second day he didn't see anything, but by the third day most of the swelling had gone down and he could see a little out of his left eye, just enough to fix himself a bite to eat, load the dishwasher, and call a handyman.

God Bless South African Women!



Only in Africa; Family outing

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Programme 2010 Program			
Date / Datum	Description / Beskrywing	Activity / Aktiwiteit	Contact / Kontak
20 Feb	Goewermentskop	Hiking, Picnic (2)	Johan de Villiers 072 712 7022
27 Feb	Wall Climbing Challenge Age 7 – 70+	New Active Gym Indoor Activity	Debbie + Paul Behrens 083 357 2636
06 March	Slangriver	Day Hike with Doug Lyons (2)	Johan de Villiers 072 712 7022
09 March	Social – Waterbok 16	Slides of past hikes	Debbie 083 357 2636
13-14 March	Moedersrust	Two Day Hike (3) Herman Khune	Johan de Villiers 072 712 7022
10 April	Inkwelo Mountain	Day Hike (2)	Debbie Behrens 083 357 2636
13 April	Social, Venue to be announced	Slides of past hikes	Debbie Behrens 083 357 2636
24-27 April	Drakensberg Traverse	4 day Hike, Cathedral Peak (4)	Ruan Adendorff 082 577 7555
24-27 April	Small Berg Traverse	4 day Hike (3)	Johan de Villiers 072 712 7022
11 May	Social, Venue to be announced	Slides of past hikes	Debbie Behrens 083 357 2636
15-16 May	Greytown Tugela Ferry	2 day, Hiking (2) o l v Hottie	Thea Groenewegen 083 378 7655

** Dates to be finalized. The programme is subject to change.*

** Datums moet nog bepaal word. Die program kan verander.*

Rating System

1. *Family weekend.* Children, prospective & older members. Easy, short hikes often-good facilities.
2. *Easy hike.* Footpaths present or otherwise flat open terrain.
3. *Average difficulty.* Path over varying terrain, often steep. Sometimes paths, route finding necessary.
4. *Difficult hike without footpath.* Might incl. bundu bashing, serious scrambling, kloofing or exposure.
5. *Technical climb.* Requires climbing gear (sometimes ice climbing gear).

Enigiemand wat voorstelle vir 'n uitstappie het en/of vir ons die uitstappie kan lei, kan gerus vir Ria Kotze kontak by 082 682 8646.

General Interest

UIAA Mountain Ethics Declaration 10:10:2009



1. Individual Responsibility

Mountaineers and climbers practice their sport in situations where there is a risk of accidents and where outside help may not be available. With this in mind, they engage in this activity at their own risk and are responsible for their own safety. The actions of individuals should not endanger those around them nor damage the environment. For example, the fixing of anchors on new or existing routes cannot automatically be taken as acceptable.

2. Team Spirit

Members of a team should be prepared to make compromises in order to balance the needs and abilities of the entire group. The climb will invariably be most successful where the members support and encourage one another.

3. Climbing & Mountaineering Community

Every person we meet in the mountains or on a rock face deserves an equal measure of respect. Even in remote places and stressful situations, we should always treat others as we want to be treated ourselves.

4. Visiting Foreign Countries

When we are guests in foreign countries, we should always conduct ourselves politely and with restraint. We should show consideration to the local people and their culture – they are our hosts. We should respect local climbing ethics and style and never drill holes or place bolts where there is a traditional ethic against it or where no locally established ethics exists. We will respect holy mountains and other sacred places and always look for ways to benefit and assist local economies and people. An understanding of foreign cultures is part of a complete climbing experience.

5. Responsibilities of Mountain Guides and other Leaders

Professional mountain guides, other leaders and members of the groups they lead should each understand their respective roles and respect the freedoms and rights of other groups and individuals. In this declaration we recognize the high standards of practice achieved by the mountain guides' own professional body.

6. Emergencies, Dying and Death

We must be prepared for emergencies and situations which result in serious accidents and death. All participants in mountain sports should clearly understand the risks and hazards and the need to have appropriate skills, knowledge and equipment. They need to be ready to help others in the event of an emergency or accident and also be ready to face the consequences of a tragedy. It is hoped that commercial operators in particular will warn their clients that their objectives may have to be sacrificed to assist others in distress.

7. Access and Conservation

We believe that freedom of access to mountains and cliffs in a responsible manner is a fundamental right. We should always practice our activities in an environmentally sensitive way and be proactive in preserving nature and the landscape. We should always respect access restrictions and regulations agreed by climbers with nature conservation organizations and authorities.

8. Style

The quality of the experience and how we solve a problem is more important than whether we succeed. We should always strive to leave no trace on the rock face or the mountainside.

9. First Ascents

The first ascent of a route or a mountain is a creative act. It should be completed in a manner at least as good as the style and traditions of the region. The way the climb was achieved should be reported exactly.

10. Sponsorship, Advertising and Public Relations

The cooperation between sponsors and mountaineers or climbers must be a professional relationship that serves the best interests of mountain sports. It is the responsibility of the mountain sports' community to educate and inform both media and public in a proactive manner.

11. Use of supplementary oxygen in Mountaineering

The use of supplementary oxygen in high altitude mountaineering has been under debate for several years. In this debate, different components related to the topic can be distinguished, such as medical aspects and ethical considerations. The medical aspects should be of paramount concern to all mountaineers. Ethical considerations are best left to the individual climber, provided that, if a climber does use oxygen, plans are made to remove used bottles from the mountain.

12. High altitude guided commercial expeditions

It is hoped that commercial operators, especially those without qualifications, attempting 8000m or other comparable peaks which offer limited rescue facilities will recognize the limitations of the clients in their care. All efforts should be made to ensure the safety of such clients and also to warn their clients that plans may have to be curtailed to help others on the mountain in distress.

All photos kindly donated by Mark Richey

Lift your Spirits

The UIAA is the International Mountaineering and Climbing Federation.

We bring together millions of men, women and children joined by their passion for mountains.

www.theuiaa.org

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Wanted: XXX

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If there is anyone not receiving the Jubba-Jabber via e-mail and wants to receive it that way then please send me a mail at: adriandip@telkomsa.net and let me know your e-mail address so I can add it to the mailing list.